Free child-care for deploying parents

Mountaineer staff

Deployments can be stressful, and with the activities involved with being mobilized, finding child-care during those long, after-duty hours can just elevate the stress levels.

"To help alleviate stress on those involved with mobilization, the Fort Carson Child and Youth Services is providing free deployment support child-care 24-hours-a-day, seven-days-a-week," said Faye Wilburn, outreach services director, CYS. The childcare is for children ages 6 weeks to 18 years old and can be used by soldiers, Department of Defense civilians and contractors involved with deployment.

The free care is for single and dual military parents, Wilburn said, as well as contractors or civilians affected by mobilization. Child-care is also provided for families during large briefings associated with mobilization and for Family Readiness Group meetings after the soldiers are gone.

The program has been in place for close to 10 years, but a detailed plan wasn't activated until after

the Sept. 11, 2001, terrorist attacks, she said, when it was used for a few days for parents who needed extended hours to get on post. Now, with many soldiers preparing for deployment, the care has begun once again.

No registration or shot records are required to use the program, she said. The care can also be obtained with short notice through the Emergency Operations Center by calling 526-3400. Units and supervisors need to coordinate through CYS to make sure the care is validated.

"The difference (between deployment and normal child-care) - we can be open at any moment," Wilburn said

Children will be cared for at the East Center, located by the Soldiers' Memorial Chapel, during large briefings or in situations where several children need care at the same time, she said. Otherwise, children will be placed in Family Child Care located in homes around post. There

See Child-care, Page 4



Oxana Dicus comforts Kaitlyn Potts during deployment child-care at the Child and Youth Services east center Monday during 3rd Armored Cavalry Regiment's Family Readiness Group meeting.

Governor visits troops ...

Colorado Gov. Bill Owens speaks with soldiers from the Colorado's National Guard's 244th Engineer Battalion during his visit to Fort Carson Tuesday.

New doctors, nurses on staff at Evans hospital

Courtesy of Evans Army Community Hospital

Medical reinforcements are now arriving at Fort Carson's Medical Activities.

While the Mountain Post's current deployment activities have had a temporary impact on the availability of some routine healthcare at Evans Army Community Hospital, most acute care and 24-hour emergency services remained intact.

"We lost about 15 percent of our physicians and 25 percent of our nurses to deploying units but are expecting that replacement staff will soon bring us back to full strength," said Col. Scott Goodrich, commander, EACH. "We have been working overtime to bridge this gap, and our patients have been incredibly understanding during the past few weeks."

"Our beneficiaries deserve high quality accessible healthcare. Our community expects that from us and we won't let them down," said Goodrich.

See Hospital, Page 4

INSIDE THE MOUNTAINEER

Opinion/Editorial

Talking to children calms their fears. Page 2

Military Are you really sick, or just tired? Page 5

Community Plan for your pet when you deploy. Page 11

Season ends for young basketball players.

Happenings



Manitou Springs has a 48-room castle to be explored. It was built in the Victorian era.



Feature

Employees at the Central Issue

Facility are working overtime for soldiers.

New look

Did you notice the new look of the Mountaineer? Tell us what you think about the paper or any other subject with a letter to the editor. Email us at mountaineereditor@carson.army.mil.

> Post Weather hotline: 526-0096

See Page 25.

See Page 16 and 17.

Sports & Leisure

Future NBAers' season ends

by Bill Scharton Mountaineer staff

All season long, they had wide grins on their faces and their energy seemed boundless. These were the 5-to 6-year-old children playing basketball Saturday mornings at the Fort Carson Youth Services Center gymnasium

Saturday morning, the only sad part for these 5 to 6-year-old young-sters was the realization they were playing their final game of the season. The annual Youth Services Center basketball season got under way Jan. 17. The 7- to 9-year-old teams will complete play Saturday and the 10- to 12-year-old teams put a wrap on their campaign March 22.

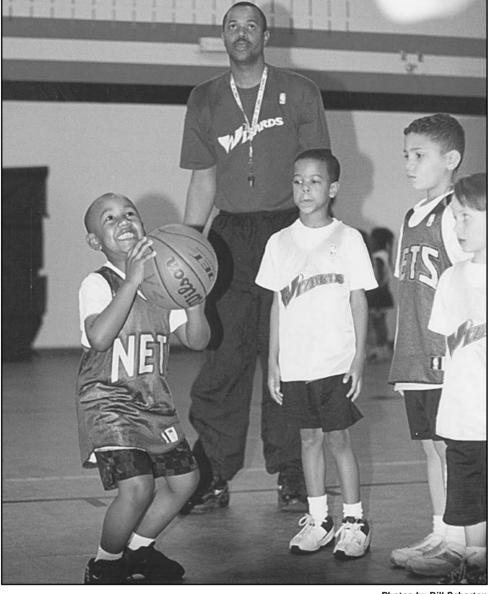
"I think it was a good season for the 5- to 6-year-olds," said Jeannie McCormick, a recreation program aid at the Youth Services Center. "The kids had fun, and they learned new skills."

The 5- to 6-year-old league featured four teams this year — the Nets, Wizards, Kings and Mavericks. The teams played a round-robin schedule. No scorekeeping or standings took place.

Parents played an important role in the success of the program. Their support and encouragement made the Saturday morning games quite special for the youngsters. Following the final games Saturday, parents made sure the players were recognized for completing the season.

All the coaches were volunteers and all served in the dual capacity of coach/parent during these Saturday morning outings. For example, Shawn Horne Sr. coached the Wizards and 6-year-old Shawn Horne Jr. played on the team.

"We showed the players the basic fundamentals of the game when the season started," said Horne Sr. "As the



Photos by Bill Scharton

Nets' player Samuel Pemberton gets ready to launch a free throw during 5- to 6-year-old league play Saturday at the Youth Services Center. Wizards' coach Shawn Horne Sr. and player Shawn Horne Jr. keep a watchful eye on the result of the free throw. Saturday's play was the last of the season for the 5- to 6-year-old group.

season progressed, you could see the kids gain more and more confidence."

Horne Jr. enjoyed the season and will advance to the 7- to 9-year-old league next season in the Youth Services Center's big gym. "I also played soccer, but basketball is my favorite," said Horne Jr. "I'm going to

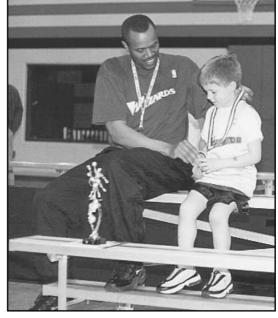
play flag football, too."

The Wizards' other coach, Rebecca Sides, had two sons on the team. "This program is a real confidence builder," said Sides. "The coverage in the paper also helps to build their self-esteem."

See Basketball, Page 20



Nets' coaches Earlene Pemberton and D.J. Collins provide instruction to the players during game action Saturday in the 5- to 6-year-old basketball league at the Youth Services Center. The coaches were volunteers and parents of players.



Wizards' player Justin Berg is congratulated by his coach, Shawn Horne Sr., following the completion of the 2003 basketball season.



5- to 6-yearold teams and players

Nets

Players for the Nets included Samuel Pemberton, Jonathan Brown, Simeon Trombitas, Jacob Douthit, Tytus Collins, Zackary Jensen, Darius Goshay and Miguel Washington. Earlene Pemberton was the head coach and she was assisted by Lisa Washington and D.J. Collins.

Mavericks

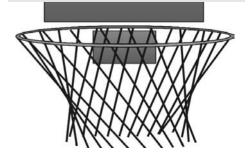
The Mavericks' roster was made up of Montre Bonner, Chasidy Horton, Austin Pethtel, Kurt Boots, Keymon Griffin, Xavier Haper, Levi Robison and Bryce Allen. Tara and Chad Allen coached the team.

Kings

Hoopsters for the Kings were Richard Burbey, Daniel Kim, Brandon Blackwell, Brittany Walker, Aubri Keesee, Cole Smith and Alton Holiday. Kathy Walls was the head coach and Steve Smith was the assistant mentor.

Wizards

The Wizards line-up featured James Sides, Devin Sides, Justin Berg, Hunter Massie, Shawn Horne Jr., Jamarus Mathis, Isaiah Smith and Jante Vizcarrondo Rios. Rebecca Sides and Shawn Horne Sr. coached the team.



Sports & Leisure



Aubri Keesee, left, a member of the Kings' team in the Youth Services Center 5- to 6-year-old basketball league, plays tough defense against an opponent from the Mavericks' team. This league wrapped up its winter basketball campaign Saturday morning.



Photos by Bill Scharton

The 5- to 6-year-old Youth Services Center cheerleading squad and their coach wonder if the spectators have any spirit Saturday during a 5- to 6-year-old league basketball game. The cheerleading squad was on hand each Saturday morning this winter to cheer for the four teams in the league.

Basketball

From Page 19

Registration for Youth Services Center spring sports is going on right now. Soccer (5 to 18 years old), In-line Hockey (5 to 18 years old) and Bam Bam Soccer (3 to 4 years old) is offered in the spring. Registration can be done in person at the Youth Services Center building, 5950 Ware Street, or by calling 526-1233, 526-6810 or 526-6811. The final day of on-site registration for spring sports will be March 22 from 9 a.m. to 4 p.m.

All-Army ...

Boxing team trains for national championships

by Bill Scharton Mountaineer staff

Members of the All-Army Boxing Team will be going after individual titles along with a team championship when the USA Boxing National Championships get under way.

Competition dates will be March 24 to 28 with the finals slated for the evening of March 28. The competition site is the U.S. Olympic Training Center in Colorado Springs.

The 2003 USA Boxing National Championships continues the development of the 2004 USA Olympic Team and helps establish those athletes that will represent USA Boxing in the 2003 United States Challenge and future international events. The top four finishers in each weight class at the national championships will compete in the U.S. Challenge. The U.S. Challenge will also take place at the Olympic Training Center April 4 to 5.

Fourteen regional teams could be represented at the national championships along with the teams from the Army, Navy, Air Force and Marine Corps. These teams will be battling for the national team title.

Army has not captured the team championship since 1992 and this is

one of the current goals for All-Army Team and Army World Class Athlete Program head boxing coach Basheer Abdullah. "We have our sights set on the national team championship right now," said Abdullah. "Army dominated the team competition in the 1980s and we are working to reach that level once again."

The draw and bracketing for the national championships will be conducted March 23. Competition begins March 24 and each boxer will be required to complete weigh-ins, physicals and drug tests prior to each competition.

Each bout will consist of four twominute rounds and will be scored by five judges at ringside. In order for a boxer to score a point during the bout, three of the five judges must register the scoring blow into the computer within one second after delivery of the punch.

The F. Don Miller Award will be given to the tournament's most outstanding boxer and the Jones/Spradlin Award goes to the team champion.

Representing Army will be: Adrian Brown (Fort Lewis, Wash.), 112 pounds; Torrence Daniels (WCAP, Fort Carson), 119 pounds; Jason Franco



Photo by Bill Scharton

Torrence Daniels, left, and Aaron Bensinger, members of the All-Army Boxing Team, spar during part of their training routine at Fort Carson's Army WCAP boxing facility, known as the "House of Pain."

(Army WCAP, Fort Carson), 125 pounds; Aaron Bensinger (WCAP, Fort Carson), 132 pounds; Keith Mason (WCAP, Fort Carson), 141 pounds; Rondale Mason (WCAP, Fort Carson), 152 pounds; Julius Fogle (WCAP, Fort Carson), 165 pounds; Jeffrey Spencer (Fort Riley, Kan.), 178 pounds; Charles Leverette (WCAP, Fort Carson), 201 pounds; and Carlos Ibarra (WCAP, Fort Carson), 201-plus pounds.

Coach seeks 'diamonds in the rough'

All-Army wrestling trial camp opens Thursday at WCAP wrestling facility

by Bill Scharton Mountaineer staff

When the All-Army Wrestling Team trial camp gets under way Thursday at Fort Carson, All-Army Team and Army World Class Athlete Program head wrestling coach Shon Lewis will be on the lookout for more "diamonds in the rough."

According to Lewis, this is one of the main reasons to hold the trial camp. A good case in point is the success story of Dremiel Byers. He was not well known in wrestling circles when he arrived at his first trial camp in 1996. He impressed the coaches at the camp and was placed on the Army WCAP wrestling team. Last fall, he won a world championship.

"Byers was the first Armed Forces wrestler to ever win a world championship in Greco-Roman wrestling and just the fourth American overall," said Lewis. "This is what I am talking about. It all started with his arrival at the trial camp."

The trial camp will run Thursday to April 3 and will be held at the Army WCAP wrestling facility on Post.

The wrestlers on the Army WCAP team will mandatorily participate in the trial camp.

The other trial camp selectees started the process by submitting an application to their post sports director. The applications were sent to the Morale, Welfare and Recreation Activities Division of the

Army Community and Family Support Center. The applications were then reviewed by Army sports personnel and the Army WCAP coaching staff.

At the start of the trial camp, Lewis and his assistant coaches will do daily drills and as much technique training as possible.

program for WCAP and

many of these athletes."

is a stepping stone for

By the time the competition starts, Lewis wants the wrestlers to be in as good a combative shape as possible.

"I only have about 10 days to work with the wrestlers," said Lewis. "I wish the camp was longer. No matter, our goal will be to take

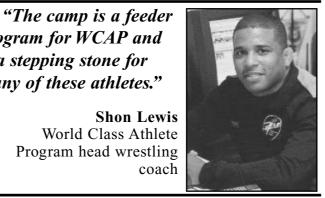
the best Army team possible to the Armed Forces Wrestling Championships."

Both freestyle and Greco-Roman wrestling will take place at the trial camp. In the weight divisions with more than one wrestler, competitive matches will decide the All-Army Team representative.

The Army WCAP wrestling team members who will be participating in the trial camp are Dremiel Byers, Eric Albarracin, Charles Daniels, Paul Devlin, Glenn Garrison, Anthony Gibbons, Keith Idleburg, James Johnson, Jason Kutz, Franklin Lashley, Jason Loukides, Glenn Nieradka, Michel Santos, Maxwell Shingara, Keith Sieracki, Iris Smith, Michael VanArsdale, Oscar Wood, Tina Wilson and Willie Wilson.

The non-WCAP wrestlers attending the trial

camp are David Nicholas (Fort Stewart, Ga.), Brent Stepanek (Fort Wainwright, Alaska), Aaron Ramey (Wiesbaden, Germany), Eric Frick (Vilseck, Germany), Nicholas Frick (Vilseck, Germany), Shane Tisdale (National Guard), Warren Walker (National Guard), Kenneth Owens (Reserves), Craig Cooper



(Fort Benning, Ga.), James Stelly (Fort Benning, Ga.), Alexis Smith (Fort Bragg, N.C.), Christopher Stivers (Fort Bragg, N.C.) and Beachum Cummings (Fort Campbell, Ky.), Lantz Schwabenbauer (Fort Drum, N.Y.), David Allen (Korea), Ryan

McGill (Korea), Bruce Robinson (Korea), Derek English (Fort Hood, Texas), Deondrick Williams (Fort Hood, Texas), Jon Hawthorne (Fort Lewis, Wash.), Nathan Zoch (Fort Lewis, Wash.), Arthur Soltero (Fort Riley, Kan.) and Daniel Devlin (Schofield Barracks, Hawaii) are the others attending.

"The camp is a feeder program for WCAP and is a stepping stone for many of these athletes," said Lewis. "We are always looking for new talent and this is one way to find it."

The Armed Forces Wrestling Championships will be April 10 to 14 at Mountain Home, Idaho. Army is the defending champion. Records dating back to 1976 show that Army has won 15 of the 26 possible Armed Forces championships.

Don't forget about the little ones ...

Speaking with children helps heal wounds, reduce fears

by Chris Walz **Army News Service**

WASHINGTON — The threat of more terrorist attacks and a possible war can contribute to children's stress, according to Army Community Service officials.

Parents should monitor their children's behavior and talk frequently with their school, officials from ACS said, to help them through stressful times.

"Terrorism is a conscientious effort to coerce through fear," said Fort Myer's Army Community Service Chief Colleen Tuddenham. "This is a battlefield of the mind. There have been many more psychological casualties than the physical casualties because of the Sept. 11 attacks."

Tuddenham said dialogue is always important in a family, and parents should remember actions oftentimes speak louder than words.

"Toddlers don't understand a lot, so it's important to give them a lot of love and cuddling," Tuddenham said. "At that age, they are extremely receptive to what parents do and they need to be a model of calm behavior."

Jean LaFauci, a mental health therapist for Arlington County's Project Resilience, said parents should also monitor their own behavior and maintain their routine.

"Parents should go about their day like it's any other normal day," said LaFauci.

"If the threat level is heightened again and parents freak out and start rearranging their schedule, the child will feel the stress as well."

Tuddenham said when it comes to dialogue, one size doesn't fit all, and parents need to gear their conversations to children accordingly.

"The greatest fear for kids, at any age, is the thought of being separated from their parents. The world we live in now forces children to have anxious feelings more frequently," said Tuddenham. "Tell them there are people out there trying to do bad things, but mostly everyone does good things."

Older children have a better understanding of world news and are more able to process complex thoughts, LaFauci said. It's a delicate situation for parents because it's difficult to decipher between teenagers who are fearful of more terrorist attacks and the rebellious nature associated with most teenagers, she said.

"Teen-agers need to be asked about what they know, what they think and what they feel," said Sandi Hanish, a clinical nurse at the Pentagon's "Parents can't wait for them Operation Solace. to bring it up because they probably won't," Hanish

"Older kids may act like they're 'too cool' to be affected by what's going on around them because many of them will wait to see how their peers react," Tuddenham said. "They may have angry outbursts and take more risks as a way of acting out, but what teenager doesn't? Parents know their children ... and what's best for (them)."

News reports last week said military children are being harassed at school and by some teachers who are anti-war on Iraq.

Maine National Guard members complained to state officials their children are "coming home upset, depressed, crying," Maine National Guard spokesman Maj. Peter Rogers told reporters.

Rogers said Guard officials have more than 30 complaints naming individual principals, teachers and guidance counselors.

"Children don't need to fight battles for their parents," Hanish said. "Military parents are doing the job they elected to dedicate their lives to. Not everyone agrees with what the military is doing."

Tuddenham said usually if parents feel at ease then most likely their child will as well.

She said there is an overwhelming amount of information available on the Web, especially on the Web sites for the Red Cross and the Federal Emergency Management Agency.

Information can also be obtained from Army Community Service at (703) 696-3510, Project Resilience at (703) 228-4788 or Operation Solace at (703) 695-9110.

Editor's note: Chris Walz is a staff writer for the Pentagram newspaper at Fort Myer, Va.

Sound off!

What do you wish you could take with you on deployment?



"Monica's Taco Shop."



"A jack for five-ton vehicles."



"A cell phone."



"A cell phone so I can talk to my wife."

Pfc. Eli Chacon 502na Personnei Services Battalion

Sgt. Eric Borah 235th Military Police Company

Sgt. Troy Conway

Pfc. Allan Moody 3ra Armorea Cavairy Regiment

LETTERS TO THE EDITOR

The Mountaineer invites readers to write letters to the editor in response to stories in the Mountaineer or events that affect the entire Mountain Post

Guidelines are set to ensure fairness to everyone. All letters must be signed and include an address or unit designation and daytime telephone number for verification. No address or telephone number will be published and name will be withheld upon request. Anonymous letters will not be considered.

Letters should be no longer than 200 words in length. The Mountaineer reserves the right to appropriately edit all letters. If a letter involves an on-post situation, the text of the letter will be forwarded to the appropriate person or directorate for comment. Obscene or pornographic language or materials will not be published.

Because of legal restrictions, both in federal regulations and AR360-81, under which the Mountaineer is published, no letters concerning local or national political issues will be published. Publication of any letters will also conform to all appropriate Department of Defense and U.S. Army regulations.

Letters may be sent to: Letters to the Editor, The *Mountaineer*, 1550 Specker Ave., Fort Carson, CO 80913 or dropped off at the *Mountaineer* office, building 1550, Room 2180.

MOUNTAINEER

Commanding General:

Maj. Gen. Robert Wilson **Public Affairs Officer:**

Lt. Col. Thomas Budzyna

Douglas M. Rule Editor:

Sgt. Alicia Stewart Staff Writers: Spc. Jon Wiley

Chief, Command Communications:

Happenings: Sports Writer:

Spc. Stacy Harris Nel Lampe **Bill Scharton** Layout/graphics Cindy Tiberi

This newspaper is an authorized photo offset publication produced weekly in 15,000 copies for members of the Army. Contents are not necessarily the view of the Army or Fort

The Mountaineer is an unofficial publication authorized by AR 360-1. Editorial content is prepared, edited, and provided by the Public Affairs Office of Fort Carson. The Mountaineer is printed by Gowdy Printcraft Press, Inc., a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Carson.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Gowdy Printcraft Press, Inc., of the products or services advertised. The Printer reserves the right to reject advertisements.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All correspondence or queries regarding advertising and subscriptions should be directed to Gowdy Printcraft Press. Inc., 22 North Sierra Madre, Colorado Springs, CO 80903, phone (719) 634-1593. The Mountaineer's editorial content is edited, prepared and provided by the Public Affairs Office, Bldg. 1550, room 2180, Fort Carson, CO 80913-5119, phone

Releases from outside sources are so indicated. Army News Service (ARNEWS) releases are received from Headquarters, Department of the Army. The deadline for submissions to the Mountaineer is close of business the Friday before the issue the submission will appear in. The Mountaineer staff reserves the right to edit the submissions for newspaper style, clarity and typographical errors.

Public Affairs policies and statements reflected in the news and editorial columns represent views of the individual writers and under no circumstances are to be considered those of the Department of the Army.

Reproduction of editorial material is authorized. Please credit accordingly.

News

Pint-sized patriots support Carson troops

by Spc. Jon Wiley Mountaineer Staff

While waiting to ship out to fight the global war on terrorism, soldiers from Fort Carson's largest combat unit recently received gifts from a group of pint-sized patriots.

About 65 Cub Scouts, from pack 631 in Larkspur, and pack 986 in Littleton, descended on the Mountain Post March 5 to give soldiers from the 3rd Armored Cavalry Regiment's 1st squadron pocket-sized U.S. flags.

About 3,000 flags were distributed, each with the following message attached:

"A flag for your pocket so you can always carry a piece of home. We are praying for you, and we are proud of you. Thank you for defending our country and our freedom."

Col. William T. Dolan, 1st Squadron commander, 3rd ACR, said his soldiers will carry the flags with them for the duration of their deployment, and "the flags will remind them that there is someone out there thinking about them" as they do their duty.

Dan Schultz, committee chairperson

for Pack 631, said he got the idea to distribute the flags after learning that Dolan was serving in the 3rd ACR. He worked with Dolan in the 11th Armored Cavalry Regiment in Germany in 1988, but the two had not spoken in the past 15 years.

Schultz contacted Dolan and invited him to attend an annual Cub Scout banquet.

"He showed up in uniform, with a cavalry Stetson, spurs and saber. The little boys' eyes were like saucers. They were awed looking at this soldier," Shultz said.

After the event, the two men decided to adopt each other's units, and the flag distribution was the first of what they hope to be many contacts between the scouts and soldiers.

Before passing out the flags, the Scouts took a tour of the 3rd Cavalry Museum.

"I think it's important for young kids to learn about the history of the country, and in many respects, the history of the regiment parallels the history of the nation from 1846 on up to the present," said Paul Martin, museum director.

Martin said more than an apprecia-



Photo by Spc. Jon Wiley

Sgt. David St. Clair, 1st Squadron, 3rd ACR, serves punch to a young Scout who is waiting in line for a Meal Ready to Eat.

tion for the regiment's past, he hoped the Scouts took away from the tour a greater "understanding and respect for the United States military" and the sacrifices its members make to keep the nation free.

After the tour, the Scouts were treated to an authentic military dining experi-

ence. Each of them was given a Meal Ready to Eat. Soldiers stood by to assist them with the enclosed heaters and teach them other tricks of the trade of dining in the field.

Before leaving the post, the scouts made plans to write to the soldiers during their deployment.

Hospital

From Page 1

Help began to arrive last week when the first wave of about 32 contract physicians and nurses began to take up health-care duties at EACH. A variety of Army Reserve physicians, nurses and support staff are arriving to fill positions vacated by deployments. In about three weeks, EACH expects the full range of health-care services should be restored.

If you have questions about availability of health-care services at Evans, call:

- Patient Representative Office at 526-7256 for appointment or access issues
- Managed Care Division at 526-7628 for specialty consult issues
- Care Coordinator at 526-7729 for TRICARE Plus/TRICARE for Life issues.

Child-care

From Page 1

are 21 Providers involved with FCC that volunteered to be a part of the program. All care will be coordinated through CYS.

The children will receive the same care provided in the Child Development Centers, Wilburn said. Meals are provided, as well as snacks and a followed curriculum in all FCC homes.

In the cases where a spouse is available to care for the child and the care is not associated with mobilization, Wilburn said the center will help with care, but it will be paid care during normal duty hours. Those needing care not connected to the deployment are required to register their child through CYS.

"We will always place your child in care," she said. "We will help ... but it is paid care."

Wilburn said the deployment child-care service is important so soldiers don't have to worry about their children when on a mission.

"I think it (child-care) meets all the needs of the soldier," she said. "It's having that soldier feel comfortable so that he can perform his duty without worrying about the child. If you have peace that your child is in care with loving caregivers, you walk away without worrying."

The service provided is nurturing care, she said, and those providing the care aren't just doing it because of the paycheck

— it's because they love children.

"The soldier can do the job and let us take care of the kids — that's our job," Wilburn said. "No matter what circumstance you are in, we have a program. So we can say yes — not no — to our customers."

Wilburn said the services will continue until Fort Carson soldiers return. For more information, call 526-6452, 526-4188 or 526-8220.



Photo by Spc. Stacy Harris

Cyndi Koss, Child and Youth Services, takes Claudia Aubry out of the stroller after a walk around the building during the deployment child-care Monday.

Military

Don't fake it: Tired? Don't feel like running? Inventing an illness or injury may exhaust you even more

by Sgt. Roy Gomez 14th Public Affairs Detachment

The lines at Troop Medical Clinic 9 are spilling out its doors and onto the sidewalk with sick and injured soldiers looking for a way to make themselves better.

However, according to sign-in records at TMC 9, a percentage of the soldiers in line might be faking illnesses and injuries, based on repeated visits, to get out of physical training and their duties, a practice that can lead to punishment under the Uniformed Code of Military Justice.

Although most soldiers attending sick call have legitimate illnesses that require medical aid, there is a high number of soldiers with slight or no visible symptoms of sicknesses or injuries contributing to the long lines and delays at the TMC, said Spc. Sofia Lopez, medical specialist, TMC 9.

"We see about 115 patients every day and only about 35 percent of them are (found to be) serious cases," said Lopez.

Soldiers are not discouraged from going to their TMC and seeking medical aid, according to Maj. Kevin

TMC 9 sick call hours

Mondays, Tuesdays, Wednesday and Fridays from 7 to 8 a.m. and Thursdays for emergencies from 12:30 to 1 p.m. Appointments by phone begin at 9 a.m., call 526-3510.

Deweber, officer in charge, TMC 9. However, soldiers should follow the proper procedures when doing so.

"Soldiers with an injury or a serious illness should come here (TMC 9) during sick call hours or call to schedule an appointment with a doctor," said Lopez. "You don't have to be an NCO to schedule one."

Although going to sick call can be a tempting excuse for a soldier to get out of doing his or her duties, soldiers should be aware that doing so could lead to UCMJ punishment.

"Depending on the unit, it (malingering) can lead to a company or field-grade article 15," said Staff Sgt. Wilfredo Golez, 3rd Brigade Combat Team's Legal Center.

In addition, there are two articles less popular than malingering in the latest edition of the manual for United States' Courts-Martial that can also result in judicial punishment. Article 80 states that attempting to injure oneself in order to get out of doing a duty, even if the attempt is failed, is considered a punishable offense. Article 134 states that self-injury, including producing, prolonging or aggravating an illness, can also lead to UCMJ punishment.

Soldiers with real illnesses or injuries shouldn't fear being punished for seeking medical aid. TMC 9 personnel are happy to do their jobs and willing to do what they can to help soldiers in need of their help, said Deweber.

"I treat everyone who comes here the same and believe them when they say that something hurts or that they are sick," said Deweber.

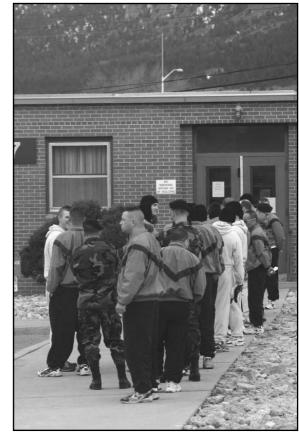


Photo by Sgt. Roy Gomez
A line of soldiers for sick call spills into
the street outside TMC 9.

Military Briefs

Smallpox Hotline

Smallpox vaccination hotline — The Preventive Medicine Careline has established a smallpox hotline to give information on the status of smallpox vaccinations in the community. The number is 526-6422.

Hours of operation

Mountain Post Wellness Center — The wellness center, located next to the commissary, hours of operation are now 6 a.m. to 4 p.m. Mondays through Fridays.

Information, Tickets and Registration Office and the Outdoor Recreation Complex Information Desk have been combined in an effort to better serve customers. Hours of operation are Tuesdays through Saturdays, 10 a.m. to 5:30 p.m. For information, call 526-2083 or 526-

For official travel services, Carlson-Wagonlit Travel, in building 1012 on Long Street, is open Mondays through Fridays from 7:30 a.m. to 4 p.m., and until 3 p.m. on training holidays.

Travelers are reminded to bring three copies of travel orders when picking up tickets for official travel. Soldiers and family members must have one original and one copy of their "travelopes" and three copies of each order, to include amendments, for overseas permanent changes of station. If you cannot pick up your tickets in person, you can fax a copy of orders to 526-1142 or 576-5262 for issuance of an E-ticket.

Please call 576-5188 to confirm receipt of faxed orders. Tickets will not be issued without orders. If you do not use your ticket, you must bring it and two copies of your orders. If you were issued an E-ticket and did not travel, you still must bring in two copies of orders to process a refund for the unused ticket.

Central Issue Facility hours of operation are: Regular business hours: Mondays, Tuesdays, Wednesdays and Fridays from 7:30 to 10:30 a.m. and 11:30 a.m. to 3 p.m. and Thursdays 7:30 to 10:30 a.m. Initial Issue/Partial Issue/DX:

Mondays, Tuesdays, Wednesdays and Fridays from 7:30 a.m. to 10:30 a.m. and 11:30 a.m to 3 p.m. and Thursdays: 7:30 to 10:30 a.m. Partial Turn-Ins: Mondays, Tuesdays, Wednesdays and Fridays from 11:30 a.m. to 3 p.m. All Full Turn-Ins require an appointment. Please call 524-2006 or 526-2729 to schedule an appointment. For questions, call Stacey Sly at 526-5512.

Military

Legal assistance adjusted schedule — Due to the increase of deployments and the need for attorneys to staff the Soldier Readiness Packet site, walk-ins to see attorneys are now Wednesdays only; sign in is at 12:30 p.m. on a first-come, first-served basis. Power of Attorneys and notaries are done on a walk-in basis 9 a.m. to 4 p.m., Tuesdays, Wednesdays and Fridays. Open Thursdays 1 to 3 p.m.

Briefings

Special Forces briefings — Special Forces recruiting briefings are Wednesdays at 1:30 p.m. and Thursdays at 1:30 and 3:30 p.m. at the Grant Library for males in the pay grades E-3 to E-7 with a general test score of 100 or higher and who are U.S. citizens.

ETS/Transition briefing schedule — In order for soldiers to receive their end of time in service orders, soldiers must attend an End of Term of Service briefing. Soldiers may sign in at 7:15 a.m. and the briefing begins at 7:30 a.m. in building 1118, room 317. For more information, call the Transition Center at 526-2240 or 526-4298.

Pest control training — Pest Management Regulation, AR 200-5, requires only certified applicators apply pesticides on military installations. The Directorate of Environmental Compliance and Management has a program that provides military personnel the necessary training and herbicide. Each unit is allowed a maximum of five people for training unless approved through the unit commander to DECAM. Training sessions are scheduled for the first and third Tuesday of every month from 10 to 11 a.m. at building 3711, until all units have received the training.

The Commanding General's Newcomers' **Brief** is the third Wednesday of each month 1 to 3 p.m. at McMahon Theater.

The following are dates for upcoming briefings: Wednesday, April 16 and May 21.

There will be a local Officer Candidate **School** board May 22 and 23. This board is required for all applicants. All participants must report in Class A uniform. All packets must be turned in to the 502nd Personnel Services Battalion, Personnel Actions Section, building 1118, room 208, no later than May 7. For more information, call Sgt. Jacklyn Christensen at 526-1906.

Amnesty Turn-in

Fort Carson Ammunition and Explosives **amnesty turn-in** — When military A & E are found outside the boundaries of Fort Carson military areas, notify the local civilian authorities or the military police, 526-2333. Abandoned military A & E, excluding small arms ammunition up to and including .50 caliber, will not be moved by untrained personnel. If A & E are found, notify the Fort Carson 764th Explosive Ordnance Company, 526-2643.

Abandoned A & E found on post may be turned in at the Ammunition Reclamation Area, located on Butts Road, one mile south of the airfield. The hours are Mondays through Fridays from 7:30 a.m. to 3:30 p.m. For more information, contact the Ammunition Supply Point, 526-4381, or the Quality Assurance Office, 526-1795 or 526-1892.

Laundry Service

Post Laundry Service — The Post Laundry service provides free laundry and dry cleaning service to soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the Post Laundry prior to turn in. Soldiers are reminded to allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment.

The turnaround for the service is 72 hours and no appointment is necessary. The Post Laundry will not clean personal items like BDUs, boots, tent pegs, canteens, entrenching tools or wetweather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment.

Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, excluding holidays. For more information call, 526-8806 or 526-8804.

Editor's note: The deadline for submitting "briefs" to the Mountaineer is 5 p.m. Friday before publication.

Dining Schedule

Weekday Dining Facilities

43rd ASG Cheyenne Mtn. Inn (building 1040) 3rd ACR CAV House (building 2461) 3rd ACR Butts Army Airfield (building 9612) 3rd BCT Iron Bde. (building 2061)

Weekday Meal Hours

6 to 9 a.m. Breakfast Lunch

11:30 a.m. to 1 p.m. Dinner 4:30 to 6:30 p.m.

Week of March 14 to March 21

Exceptions • Butts Army Airfield Dining Facility serves breakfast and lunch meals only. • 10th SFG (A) dining facility is closed until further notice.

Saturday, Sunday and Training **Holiday Dining Facilities**

43rd ASG Cheyenne Mtn. Inn. (building 1040) 3rd BCT Iron BDE. (building 2061) 3rd ACR Cav. House. (building 2461)

Saturday, Sunday and Training Holiday Meal Hours

Breakfast 6 to 9 a.m. Lunch 11:30 a.m. to 1 p.m. Dinner 4:30 to 6:30 p.m.

Family members are cordially invited to dine in Fort Carson dining facilities.

Taking a trip?

TRICARE guidelines for out-of-area care

Courtesy TriWest Healthcare Alliance

Emergencies and illness can happen when you least expect them. If you or your Prime-enrolled family members, are planning to travel outside your local area, it's a good idea to review the guidelines for receiving appropriate medical attention and making use of your Prime benefits in an out-of-area care situation.

When to seek out-of-area care

Please note that TRICARE does not cover routine care received outside a Prime beneficiary's service area. "Routine care" is that which is elective, planned and not related to sudden illness or injury. Your primary care manager or a specialist to whom you are referred by your PCM must provide this type of care. You should plan ahead and schedule routine-care appointments before leaving on a trip.

If you have a medical emergency, go immediately to the nearest emergency room or call "911." A TRI-CARE Prime beneficiary doesn't need an authorization or referral for emergency care but must contact his or her PCM within 24 hours of receiving emergency room care.

TRICARE defines an emergency as a condition characterized by acute symptoms of sufficient severity (including severe pain) that would lead a prudent layperson (someone like you) with an average knowledge of health and medicine, to believe and reasonably expect that the absence of immediate medical attention could result in one or more of the following:

• Serious jeopardy to the health of the individual

or to the health of a pregnant woman or her unborn child

• Serious impairment of bodily functions or dysfunction of any bodily organ or part

If your condition seems too serious to take time to call your PCM before dialing 911 or going directly to the nearest ER, it probably is. To get help determining if a situation is an emergency, consult the TRICARE Line for Care. Staffed by registered nurses and supported by physicians and other medical professionals, the TLC is a confidential health care advisory service that is available toll free, 24 hours a day, seven days a week, at (888) 887-4111. Note, if you call the TLC for advice, you still must call your PCM within 24 hours of receiving ER treatment.

If you experience a non-life-threatening condition that could worsen or cause undue suffering if not treated promptly, you should seek urgent care. Such conditions would include strong flu symptoms or a high fever that lasts several days. Before seeking urgent medical care out of the area, contact your PCM or a health care coordinator (HCC) for a referral. An HCC may be reached by calling (888) TRI-WEST, toll free, 24-hours-a-day, seven-days-a-week.

If you need to seek emergent or urgent medical care when traveling outside the TRICARE Central Region, be sure that your provider is told to send claims to PGBA, P.O. Box 870026, Surfside Beach, S.C. 29587-8726. If you need to seek emergent or urgent care while traveling within the Central Region, please advise your provider to submit claims to the PGBA post-office box designated for the state in

which you currently live. Visit www.triwest.com or prime Member Handbook, for a list of PGBA addresses.

Outside the United States

It is especially important to understand that different countries have different medical practices. If you seek emergent or urgent care while in another country, take measures to help protect yourself from any claims problems. In addition to the out-of-area rules about emergent and urgent care noted above, you will need to follow these guidelines:

- Ask the provider for an itemized bill for any care you receive. If the bill is calculated using foreign currency, you do not have to convert it to U.S. dollars. TriWest's claims processor, PGBA, LLC, will convert it for you.
- Submit the itemized bill and a claim for your care (DD Claim Form 2642-available through www.tricare.osd.mil, under the Claims section) to the PGBA, LLC, post office box address designated for the state in which you currently live. A chart showing these addresses can be found at www.triwest.com or <a href="htt

Bring your ID

Be sure to carry your TRICARE Prime identification card and your military identification card with you at all times. If you have to seek medical care, the card will give the provider proof of your health coverage along with instructions for filing a TRICARE claim.

Complacency: Solo with

Soldiers' worst enemy with weapon safety

by Sgt. Chris Smith 14th Public Affairs Detachment

As Fort Carson soldiers prepare for deployments, they face many hazards. Weather, vehicle accidents and combat soldiering all produce injuries and death. Historically, more than 50 percent of all U.S. casualties in war are due to accidents.

One area of concern is improper handling of weapons, according to Chief Warrant Officer 4 Scott Dillon, Fort Carson Safety Officer. Most soldiers will be deploying to the U.S. Central Command area of operations and already there has been a death there from improper weapon clearing procedures.

Since the start of "Operation Enduring Freedom," there have been three serious accidents involving weapons that have resulted in one death and two serious injuries, said Dillon. Some examples:

- A servicemember retrieved his weapon which he thought was unloaded; the weapon fired, striking another servicemember, resulting in a possible disabling injury.
- A soldier was cleaning his weapon while performing a function check; the weapon discharged, killing him.

According to Greg Ellis, Range Control Safety, there hasn't been an injury due to improper weapon clearing on Fort Carson since May of 2001.

According to Field Manual 44-43, "Bradley Stinger Fighting Vehicle Platoon and Squad Operations," during Desert Storm there were five fatalities and 28 injuries due to improper misfire pro-

cedures. This is especially important to the post since the majority of soldiers training on Fort Carson are preparing to go to the same area.

In 2001, three noncommissioned officers were injured when they failed to follow proper weapons clearing procedures for feed-tray covered weapons.

"There is a trend with the NCOs being injured that we noticed," said Ellis. "This is most likely because a soldier says he has a problem, and the NCO jumps down and tries to fix it without thinking."

Since then, Range Control has reinforced training in the area and there haven't been any similiar injuries since then.

"I attribute that to the NCO leadership," Ellis said. "Nobody's trying to take shortcuts."

Ellis also said the training has increased and that 360-degree shoot houses as well as live-fire trenches are being used more often. Before these ranges are used, soldiers receive more extensive training regarding weapon direction.

Watching which direction their weapon is pointed is critically important, Ellis said, especially with troops going overseas where they will be issued live ammunition.

The accidents were happening because soldiers were lifting the feed-tray cover on their weapons before allowing it to cool down.

"When you lift the cover and cold air hits the round, it can cause it to explode," said Ellis.

He said some of the soldiers received serious

injuries with shrapnel and burns. None of the injuries incurred were fatal, but the occurrences reinforces soldiers need to be aware of the waiting times.

"There's different waiting times between training and combat," said Ellis. "(Soldiers) need to read the (technical manuals) to find out."

With the larger number of soldiers training at Fort Carson to prepare for war, proper execution and not taking shortcuts will be critical to a successful deployment.

Soldiers with questions on range safety should contact Ellis at 526-6330.

Proper procedures for handling weapons:

- Treat all weapons as if they are loaded.
- Always follow proper weapons handling procedures.
- Leaders must ensure soldiers follow the proper procedures for handling weapons at all times. Ensure clearing barrels are established and that soldiers follow the proper clearing procedure for their weapon.
- Leader should also conduct drills on Rules Of Engagement and fratricide prevention prior to beginning operations.
- Combat soldiering is a hazardous occupation, but by applying risk management and following proper procedures can minimize the hazards.

FPA

Greenback

Traveling courtesy of Uncle Sam

2nd Lt. Suzanne Love 4th Finance Battalion

Soldiers can now view and print their Travel Advice of Payment on-line if Defense Finance and Accounting Services-Cleveland, Indianapolis, Columbus, Ohio or Kansas City, Mo. pays their travel vouchers

Access the AOP from the "Account Selection Menu" through myPay (www.dfas.mil) by clicking on the "Travel Voucher View" option.

Although the various travel and finance offices around the world process travel vouchers, they are actually paid by the major DFAS centers. To verify which DFAS Center pays your travel claims, look at the Disbursing Station Symbol Number on previous

vouchers that you have received. The DSSN in the "paid by" section of the voucher identifies which center paid your voucher.

DFAS-Cleveland — 8522

DFAS-Indianapolis – 5570

DFAS-Columbus — 6551

DFAS-Kansas City — 6102.

Marine Corps, 1FSSG -6187

Marine Corps, 2FSSG 6092

Marine Corps, 3FSSG

In general, DFAS Indianapolis processes vouchers for Army military and civilian employees, while DFAS Cleveland processes vouchers for Navy military and civilian employees, DFAS Columbus processes vouchers for DFAS civilians and civilian

employees from other Defense Agencies, and DFAS-Kansas City processes vouchers for Marine Corps military.

If DFAS-Denver pays your travel vouchers, Travel Advice of Payment will be available to you in the near future.

Permanent change of station en route travel

The per diem rate for permanent change of station travelers is an area of much confusion for military and civilian travelers alike. Those who have previously traveled to an area on temporary duty may be unaware that the rate of per diem for PCS travel may be dramatically different.

Congress recently increased the en route travel

per diem entitlement for military members from \$50 to \$85, which brought them in line with their civilian counterparts.

The rate of per diem for both military and civilian personnel performing a PCS move within the continental United States by privately owned vehicle is based on the standard continental United States rate, currently \$85 per day. The method of applying the payment for additional family members traveling did not change.

TDY mileage rate changes

For Temporary Duty travel, the POV mileage rates changed Jan. 1. The new rates are as follows:

C	
automobile	36.0¢
motorcycle	27.5¢
airnlane	95 5d

Rate

\$85

\$63.75

\$63.75

\$42.50

\$85

Category

Member/employee — 100

Spouse, when accompany

ing member/employee —

Family member 12 years

and older — 75 percent

years old — 50 percent

separate travel — 100

Family members under 12

Spouse, when performing

percent

75 percent

percent

The rates may be different for civilian employees, if the use of a POV is not more advantageous to the government.

Government travel card

If you use the government-sponsored contractorissued travel charge card. Travelers are reimbursed to obtain cash needed to pay for "out-of-pocket" travel related expenses — if the government-sponsored, contractor-issued travel charge card issued by Bank of America is used. The charge that appears on your billing statement is reimbursable.

The dollar value or percent that is charged for Automatic Teller Machine cash is included in the official agreement between you, as a Department of Defense employee, and the bank/contractor.

While the ATM fees and rates are subject to change, the current known percentage for a cash advance (i.e., the advance "fee") is 3 percent or a minimum of \$2 for the advance amount authorized on your travel order.

If you use an ATM not belonging to Bank of America, there may be an additional ATM use fee that is also reimbursable. There is usually an 800 number on the back of the travel card if you have questions.

The reference to reimbursement of service fees for ATM use, and other bank service fees for ATM access, is included in DODFMR, Vol. 9, par., 030501-D. (Note: Not all services authorize card use during PCS travel. Check before using the card).

A uniformed members or civilian employees on temporary duty may be reimbursed for long-distance telephone calls home if reimbursement is authorized on the TDY orders or approved on the voucher. These calls must only be to:

- Advise of your safe arrival
- Inform or inquire about medical conditions
- Advice regarding travel itinerary changes.



Farewell ...

Maj. Gen. Robert Wilson, commanding general, 7th Infantry Divison and Fort Carson, presents Master Sgt. Robert Magdaleno with a U.S. flag at the post retirement ceremony Feb. 28. Magdaleno served in the Army more than 20 years. Wilson encourages the Fort **Carson community to support** retirees by attending the monthly retirement ceremony.



Photo courtesy Regional Training Support Center

Community

Man's best friend...

Dog, cat, bird or fish ... who will be taking care of your pet when you're taking care of your country?

by Sgt. Melissa Bernazzani 14th Public Affairs Detachment

Sit. Stay!

Don't forget the importance of caring for a pet during times of deployment. The sometimes forgotten loved one needs a family care plan too.

Fort Carson Regulation 40-5 states that soldiers involved in animal neglect or abuse, in addition to impoundment fees, may be terminated from military quarters or receive Uniform Code of Military Justice action.

With the many tasks soldiers must complete prior to deployment, from vaccinations to powers of attorney, the family pet must be remembered.

Neglecting a pet could lead to UCMJ action. A soldier found neglecting his pet on post will be cited by the Military Police and reported to his unit. If living off post, the soldier may be fined and have to pay court fees, or in extreme cases involving animal cruelty the pet owner may be charged with a felony by the county.

Also, soldiers and family members who live in on-post housing may lose their housing privileges and be forced to move off-post if they are found neglecting their pet, said Sgt. 1st Class Daniel McClure, housing liaison noncommissioned officer

To avoid such consequences, soldiers should discuss with their family members what to do with their pets before making a decision.

"We do encourage units to make sure that their soldiers do take care of their animals," said Staff Sgt. Arnold Jackson, from the Fort Carson Provost Marshal Office.

Deploying soldiers and their family members have a few options to choose from when deciding



Hobbs, a feline family member, awaits care at the Fort Carson Veterinary Treatment Facility.



A stray dog waits for his family to find him at the Fort Carson Veterinary Treatment Facility. Many strays are picked up on Fort Carson by military police treatment facility.

what to do with a pet. These options include foster programs, adoption agencies and temporary boarding.

There are many agencies and local families willing to foster a pet until the deployed soldier returns. The Fort Carson Veterinary Treatment Facility can provide pet owners information on local fostering sources, or the pet owner can locate Web-based foster programs such as www.netpets.org. The Colorado Springs All Breed Dog Rescue Inc at www.csabr.com and Dreampower Animal Rescue at www.dreampower-arf.com are just a couple of the local agencies a pet owner may contact regarding foster programs.

The Humane Society of the Pikes Peak Region urges soldiers and family members to ensure the foster program is right for them and their pet.

"Make sure that they (the pet owners) interview any potential foster home and make sure they are comfortable with the situation," said Ainsley Gottrich, director of community resources for the Humane Society of the Pikes Peak Region.

The pet owner must keep current vaccinations and health certificates with the pet and inform the fostering service of any behavioral concerns for a

If the soldier will be deployed for a long period of time, he must decide what option would be in the best interest of the pet's well-being.

Adoption may be a good option for a long-term deployment, said Gottrich. When a soldier returns

See Pet, Page 14

Pet-care checklist

- Collect current medical records
- Collect current vaccination records
- ☐ Schedule health exam with veterinarian (within 10 days of travel)
- Update licensing information
- □ List of behavioral concerns
- □ List of special care instructions
- □ Collect important contact numbers
- Contact appropriate care facility pare care package (toys, bed etc.)

Who to turn to ...

The Humane Society of the Pikes Peak Region has information regarding surrendering a pet for adoption or can answer questions regarding the adoptability of a pet. Call the Humane Society at 473-1741.

The Fort Carson Veterinary Treatment Facility also offers contacts who are interested in adopting a pet. Contact the Fort Carson Veterinary Treatment Facility at 526-3803.

If you want to board your pet, the Colorado Springs yellow pages have a number of local boarding agencies to contact.

Community

Community Events

Claims against the estate of:

With deepest regrets to the family of Spc. Jose Ernesto Rodriguez, deceased, anyone having claims against or indebtedness to his estate should contact Capt. Tommy D. Bowling Jr. at 524-2329 or 338-0994.

Taxes

Fort Carson Tax Center — The Fort Carson Tax Center, which offers free tax services, to include electronic filing, will be open from Monday to April 15, except for federal and training holidays.

Services offered:

- Refunds in 10 to 20 days at no cost
- Answers to tax refund questions
- Federal returns prepared while you wait
- Federal and state forms available for your convenience
- Federal returns filed electronically for the quickest refund

Hours of operation are Mondays, Tuesdays, Wednesdays and Fridays from 8 a.m. to 6 p.m., Thursdays from noon to 5 p.m., and Saturday, March 8 and April 12 from 10 a.m. to 3 p.m.

Be sure to bring all W-2s, Social Security Cards for yourself and all family members.

Have the following if relevant:

- Form 1099 INT or DIV
- Information on child-care or Individual

Retirement Account contributions

- Mortgage interest statement
- Sale of stocks, bonds or mutual funds
- Any other financial information
- Alimony paid or received
- Power of Attorney if filing for spouse, court orders for divorce or child custody

Visit the tax center at building 6264, off

Wanted by CID



Wanted for questioning in regards to forgery/larceny that occurred at the Fort Carson Post Exchange in September 2002.

Anyone with information concerning this person should call 524-1086.

Albanese Loop (across from the Colorado Inn and the Elkhorn Conference Center), or call 524-1012 or 524-1013.

Reward

Stolen equipment — Between Sept. 6 and Sept. 16, unknown person(s) by unknown means gained access to the Regimental Headquarters and Headquarters Troop, 3rd Armored Cavalry Regiment conference room, building 2352.

The person(s) pried away a locked security cable attached to a Toshiba data projector, model number TLP 450, serial number 69691451 and then stole the projector.

The Criminal Investigation Detachment is offering a \$200 reward for any information that leads to the recovery of the projector and successful conviction of the perpetrator(s).

Any information concerning the investigation should be provided to Special Agent Timothy E. Bombard, 48th Military Police Detachment, at 526-3579.

Red Cross

Dental program — applications are being accepted for the Red Cross Volunteer Dental Assistant Program beginning March 17. Applications can be picked up at the Red Cross office, building 1526, room 272, Mondays through Fridays from 8:30 a.m. to 4 p.m. Applicant interviews will be held Wednesday and classes begin April 7.

The dental assistant training program is open to military family members only (to include retirees). Must be 21 to apply.

For more information, call the American Red Cross at 526-2311.

Automotive Service Examination

Soldiers wanting to take the Automotive Service Examination in May must register for the test prior to 4 p.m. today. Three funded exams are available for servicemembers who intend to utilize test results for college and have, or previously held, a Military Occupational Specialty in the following automotive/mechanical service specialities: 52B, 52C, 52D, 61C, 62B, 63B-H, 63B-S, 63B-T, 63B-W and 63B-Y. Soldiers currently enrolled in an associate degree program in automotive technology are also eligible for three funded exams.

For more information, call 526-8071.

Financial Aid

A Financial Aid advisor is available Wednesdays from 10 a.m. to 2 p.m. at the Mountain Post Education Center, building 1117, room 160B. The advisor will provide information on Pell Grants and student loans in addition to assisting individuals in applying for grants and loans. For more information, contact Virginia Frazier at 526-5544.



Child and Youth Services

There is a change in hours of operation for Child and Youth Services central registration office. Walk-in hours are from 7:30 a.m. to 5 p.m. Monday and Thursday. Appointment hours are 7:30 a.m. to 5 p.m. Tuesdays, Wednesdays and Fridays. There is now a clerk on duty every Saturday at the Youth Center, building 5950, from 8 a.m. to 4:30 p.m. You may register for any CYS program during this time.

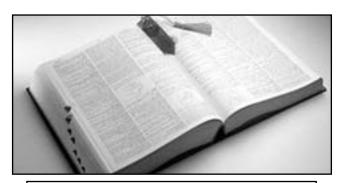
The following is required to register: Up-to-date immunization record, health assessment, proof of income, three emergency designees, child's Social Security Number and an up-to-date physical. For more information, call Faye Wilburn at 526-8220.

Breaking ground ...

From left, Steve Wong, project Manager, U.S. Army Corps of Engineers, Chief Warrant Officer 3 Bruce Marquardt, Installation Food Service, Brig. Gen. Robert Reese, deputy commanding general, Ed White, acting director of Public Works, Sgt. Maj. Angel Pagan, Installation Food Service, Master Sgt. Paul Rupe, DPW, and William Davis, DPW, break ground for a new dining facility that will be located off Specker Avenue. The new dining facility will accommodate residents of the new barracks being built and will allow consolidation of older dining facilities. The project will take about 18 months to complete and will be the largest, at 30,000 square feet, dining hall the Army builds.



Photo by Spc. Stacy Harris



Chapel

Special Fort Carson Lenten Services:

Christian Ecumenical — Midweek devotions and lunch, 11:30 a.m. Wednesdays at Soldiers' Memorial Chapel.

Catholic — 5:30 p.m. Fridays beginning March 7, soup/bread supper; 6 p.m. Fridays beginning March 7, Stations of the Cross, Soldiers' Memorial Chapel.

Coming events at Prussman Chapel — Friday Movie Night, today at 7 p.m. A spaghetti supper is included; Thursday Night Community Prayer Meeting, every Thursday at 7 p.m.; Children and Youth Mini-Revival, March 24 to 25 from 6:30 to 8:30 p.m.; Children and Youth Music Workshop, March 26 to 28 from 6:30 to 8:30 p.m.; and "Christ in Passover" Dinner and service is April 18.

SCUBA is coming — a "Super Cool Undersea Bible Adventure" or SCUBA, will be our 2003 Vacation Bible School June 16 to 20. Volunteers are need for station leader and crew leader positions. For information, call Dennis Scheck at 526-5626.

Chapel Schedule

			ROMAN CA	THOLIC	
Day	Time	Service	Chapel	Location	Contact Person
M-W-F	noon	Mass	Healer	Evans Army Hospital	Fr. Pat Battiato/526-5769
Tues., Wed., Th	urs. noon	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman	Chap. Stahl/526-5769
Sunday	9:30 a.m.	Mass	Soldiers'	Nelson & Martinez	Chap. Stahl/526-5769
Sunday	10:45 a.m.	CCD	Soldiers'	Nelson & Martinez	Pat Treacy/526-5744
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital	Chap. Stahl/526-7386
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis	Chap. Stahl/526-5769
			PROTEST	TANT	
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital	Chap. Kincaid/526-7387
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Satterfield
Sunday	9:30 a.m.	Contemporary	Veterans'	Magrath & Titus	Chap. Deppmeir/526-4416
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez	Chap. Fox/526-8011
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman	Chap.Lee/526-4469
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez	Dr. Scheck/526-5626
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman	Chap. Lee/526-2811
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez	Chap. Kincaid/526-8011
	10.45	.	LUTHER	== == =	CI D /526 5250
Sunday	10:45 a.m.	Protestant	Provider	Barkeley & Ellis	Chap. Bauer/526-5279
			IE/M/IS	eLI	

JEWISH

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

WICCA

Tuesdays 6:30 p.m. Family Barkeley & Ellis Information: University 526-8013

For additional information, contact the Installation Chaplain's Office, building 1550, at 526-5209. Normally, free child-care is available during on-post worship services.

Daily Bible readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Friday — Psalms 97 & Deuteronomy 19-21 Saturday — Psalms 98 & Deuteronomy 22-24 Sunday — Psalms 99 & Deuteronomy 25-27 Monday — Psalms 100 & Deuteronomy 28-30 Tuesday — Psalms 101 & Deuteronomy 31-34 Wednesday — Psalms 102 & Luke 1 Thursday — Psalms 103 & Luke 2-3

The Army Cycle Of Prayer — Each week the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations. Please pray this week for the following:

Unit: For the soldiers, families and leaders of the U.S. Army Special Operations Command, headquartered at Fort Bragg, N.C.

Army: For the dedicated officers, noncommissioned officers and soldiers of the Special Forces, whose regimental home and school is also located at Fort Bragg.

State: For all soldiers and their families from the state of Florida. Pray also for Gov. Jeb Bush and the state legislators and municipal officials of the Sunshine State.

Nation: For the Senate Majority Leader, the Hon. Trent Lott (R-Mississippi) and the Senate Minority Leader, the Hon. Tom Daschle (D-Minnesota).

Religious: For the clergy and congregations of the Southern Baptist Convention and for the chaplains endorsed for military ministry by that community of faith.

For more information on the Army Circle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at www.usarmychaplain.com.

Chaplain's Corner

A new Washington?

No knowledge gained from exterior changes

Commetarmy by Chap. (Maj.) Christopher Faria 3rd Armored Cavalry Regiment

Stay away from fools, for you won't find knowledge there. (Prov.14:7, New Living Translation).

A recent issue of USA Today noted the first president of the United States, George Washington, is getting a make-over.

It seems the people at Mount Vernon don't think Washington was hip or sexy enough — they're exploring ways to make him "relevant." Their focus groups and surveys show that in schools, and from tourists that visit Mount Vernon, Washington is perceived as an old man, boring and staid. So they're going to show pictures of a young Washington, 22 years old, one whom they say "connects." And USA Today said they think it will work because he'll be a new sex symbol.

And other tourist/historical sites are doing the same for other historical figures like Abraham Lincoln.

Solomon said that we're to stay away from fools and one of the reasons is there is no knowledge there. While not debating the marketing positives or negatives of a young Washington, the problem is not with Washington. The problem is taking this road does not promote true learning. There is no knowl-

edge, no true knowledge that turns historical patriots into mass-marketed icons to turn turn a few bucks. It is changing truth to make it appealing because the individual (read: consumer) is now the focus of the learning. Imagine what happens then (and has happened) when other figures like Lincoln, Jefferson, Franklin ... and Jesus are transformed into younger, hip cultural icons.

They become images that appeal because of what is inside of the consumer, and not because of their intrinsic worth and value as human beings or the importance of their life and works. And for the Christian, the immeasurable person of Christ turned into a 21st century image of cultural hipness is absurd. What's more is how painful this foolishness is for those who go to the cupboard of knowledge only to find it empty.

Let me suggest a biography of Washington or Jeff Shaara's newest book, Rise to Rebellion. In that (and his follow-up book, This Glorious Cause) you will not find a marketable icon, a hip-Washington. You will be stirred to the heights of thankfulness that we as a nation had Washington on our side and discover the depths of his character and the marvel of his patriotism. Let's resist the tendency to turn wise and brave lives into foolishness.

Chapel briefs

Native American Sweatlodge —

Ceremonies (He Ska Akicita Inipi) are offered to military personnel, dependants and DOD personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Please call the following for ceremonial information and directions. Call Michael Dunning at 382-5331 or (c) 330-9537

Youth of the Chapel — Activities for Protestant and Catholic Middle School and High School Youth take place each Tuesday evenings at 6 p.m. at Soldiers' Memorial Chapel. Protestant High School activities include Bible Studies Sundays at 9:30 a.m. and Tuesdays at 6 p.m. at Soldiers' Memorial Chapel. Catholic youth classes meet at 10:45 a.m. Sundays at Soldiers' Memorial Chapel.

Pet From Page 11

from a long deployment, it may be difficult for the animal to adjust back to the owner and home. A permanent home could be a better option for the pet.

The Humane Society of the Pikes Peak Region has information regarding surrendering a pet for adoption or can answer questions regarding the adoptability of a pet. Contact the Humane Society at 473-1741 for more information.

Since Jan. 23, pet owners affected by the deployments surrendered 30 animals to the Humane Society of the Pikes Peak Region. Out of those 30, six have been adopted so far, said Gottrich.

Currently, there is no fee for deploying soldiers who surrender a pet; the fee normally is \$25 for dogs and \$15 for cats. Also, the Humane Society accepts many types of pets, contact the Humane Society for more information.

The Fort Carson Veterinary
Treatment Facility also offers contacts

who are interested in adopting a pet.

Contact the Fort Carson Treatment Facility at 526-3803 for more adoption information.

Another option is temporarily boarding the pet. Although this may be the most expensive, it can safely care for your pet as well. Local facilities charge pet owners

anywhere from about \$15 and up per

day, depending on size of the animal,

for boarding a pet. The Colorado Springs yellow pages have a number of local boarding agencies for the pet owner to contact.

Don't forget to include the family pet when preparing for deployment. Sit. Stay. And consider the options to ensure the care of the family's four-legged



members.

16 MOUNTAINEER March 14, 2003 Feature MOUNTAINEER March 14, 2003 17

Serve your country

by Nel Lampe Mountaineer staff

Getting soldiers ready for deployment takes a lot of effort behind the scenes, and one unit especially busy is the Central Issue Facility.

Ever since January, there's usually a large group of soldiers everywhere you turn — in the store, at the counter, by the sewing shop or waiting to get into building 330 or 309.

Once part of the Directorate of Logistics, ITT took over the supply function about four years ago. Supply provides customer support to soldiers, such as food, storage and central issue, according to John O'Mara, manager for supply and service. Eagle is the subcontractor for Central Issue Facility.

The CIF is doing two jobs at the same time, O'Mara said, "continuing to clear soldiers and issue uniform items for incoming soldiers as well as getting soldiers ready to deploy.

"It's not an easy job and there are lots of headaches, but the CIF is doing a tremendous job,"

he said.

Stacy Sly, CIF supervisor, has 16 full-time contract employees working at CIF.

"But right now there are (an additional) 13 temporary employees Eagle has hired to help us get through this," she said. The employees usually work eight-hour days, but all are working about 20 hours overtime each pay period, Sly said.

"And they are doing a fantastic job. They are real troopers — just getting the job done and not complaining"

About 400 or 500 deploying soldiers are scheduled every day for a full issue — helmet, boots and two desert camouflage uniforms.

CIF usually keeps a few thousand desert camouflage uniforms on hand. But starting in January when members of the 12th Infantry deployed to Kuwait, and the 59th Military Police Battalion got deployment orders, additional uniforms and gear had to be ordered on high priority.

"Trucks are coming every day," Sly said, bringing diers."

loads of stocks stored in warehouses throughout the United States, much of it coming from California.

CIF personnel work with groups of 50 soldiers at a time, with the goal of getting them outfitted within an hour. Ideally, 500 soldiers can be processed in a 10-hour day.

But, instead of seeing the end of the line, CIF is getting even busier.

"We're (also) outfitting Reserve and Guard troops (who are on post) and making supplemental issues to 3rd Brigade," Sly said.

In the meantime, soldiers who aren't deploying are exchanging TA-50 gear, looking for partial issue or out-processing while soldiers from the Welcome Center are in-processing. Sly said.

"The days are as hectic as they are rewarding,"
Sly said

"It's great to see these proud soldiers. I realize they are doing it (deploying) for me and other Americans. We need to do all we can for these soldiers"



Jamie Marsh assists Spc. John Abeyta Jr., Company C, 52nd Engineers with getting the right fit on his desert camouflage uniform jacket.



Thomasine Young helps soldiers find the right size hat at the first stop of desert camouflage uniform issue.



Photos by Nel Lamp

Cynthia Brown, an employee of the sewing shop, sews a flag patch on a uniform Monday in the Central Issue Facility.



Sgt. Jason Barnhart, Company B, 52nd Engineers, tries on a desert boot for size Monday while being issued desert camouflage uniform items.



Sgt Marcus Dungen, an inprocessing soldier, packs his new-issue gear. Dungen will be in the 52nd Engineers.



14 - 21 Mar 03

Proudly Brought to You by Your Fort Carson Directorate of Community Activities, Bldg. 1217 Specker Ave. 719-526-3161 Visit us at www.ftcarsonmwr.com

Smith Woodcraft Center Bldg. 2426 Wetzel Ave.

Memorial Day

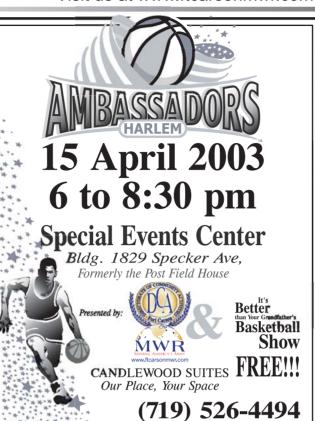


Entertainment Center! Drawing will be held Saturday, 24 May 2003

You do not have to be present to WIN!!

For more information please call 719-526-3487





Tax Forms

Available!

Every State Federal too!

At your Fort Carson

Grant Library

Bldg. 1528, 4950 Flint Street

Fort Carson

719-526-2350

Take St. Patty's Day



Win your own pot of Gold!

17 March 03 · 8 pm

X-tremes Entertainment & Sports Bar Bldg. 1532 Specker Ave.

For more information please call 719-576-7540

Sponsored by the Fort Carson DCA Employee Board

You have the power to brighten a deploying Soldier's day.

Please donate your used Books, (Hard Cover or Paper Back) Magazines, Periodicals, **Videos and DVDs**

Please bring them to any Fort Carson DCA Facility.

For more information please call 719-526-2350



For more information please call 719-526-4495

Bravo Dinner Theatre

UP YOUR HEARTS

A Patriotic Musical Presented By U.S. Army Entertainment Division



March 17, 2003 Doors Open at 6 pm

Elkhorn Catering & Conference Center Building 7300, Woodfill, Fort Carson

Adults Only \$16.95 • Children 3 to 9 \$8.50 • Children Under 3 Eat FREE!

For More Information Call: 719-576-6646



A fireplace in the great room of Manitou Springs' Miramont Castle is built into the mountain.

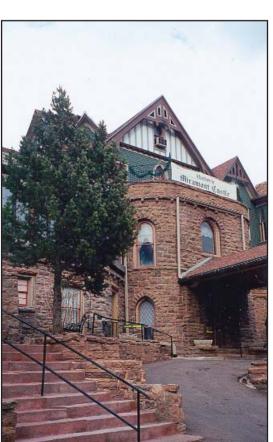
Area castle is 1895 treasure

ost people would consider it a castle, but for its designer, a French priest who served at Our Lady of Perpetual Help in Manitou Springs, it was home.

Jean Baptiste Francolon was a Frenchborn priest from an aristocratic family. His father was an ambassador. Francolon had come to Manitou Springs for his health because of the reputation of the curative waters at the resort town, and decided to stay.

It took several years to construct the castle. In 1895, Francolon and his mother Marie moved into the castle while building continued When finished, the building had 14,000 square feet, 48 rooms and nine fireplaces. The castle had indoor plumbing and electricity when constructed and the stone was locally quarried.

The castle has an unusual look as



Miramont Castle is on a hill in Manitou and made it a tuberculosis sanitarium. Springs.

The Pikes Peak area was a popular

Francolon used nine different styles of architecture, although it was built in the Victorian age. The architecture styles are: shingle-style Queen Anne, Romanesque, English Tudor, Flemish stepped gables, domestic Elizabethan, Venetian Ogree, Byzantine, Moorish and half-timber Chateau.

The castle has many unique elements. There's a guest room with 16 side walls and another room is six-sided. The chapel has eight walls. There's a grand staircase as well as a secret passageway.

Much of the décor used in the castle conformed to the ornate, lavish style popular in the Victorian era, such as the "Victorian Red" walls in the great room.

A gigantic fireplace in the grand drawing room weighs nearly a half million pounds and is built into the bedrock of a mountain.

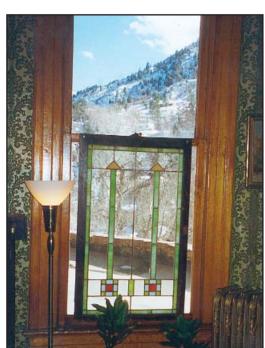
Sixteen-foot high windows allow visitors a view of Red Mountain.

Marie Francolon brought a bed from France which once belonged to Empress Josephine. It was shipped in pieces by boat and reassembled in Marie's bedroom. It was 14-feet tall.

After a few years in residence in Miramont, the Francolons left the castle and returned to France.

The Francolons may have left their furnishings behind but few are still in the castle. Local residents have donated pieces from that period to furnish the castle and other antiques have been purchased.

The castle was unoccupied for a few years before being taken over by the Sisters of Mercy. The sisters had been operating a tuburculosis sanitarium nearby that had burned down. The sisters paid the outstanding taxes and bills, renamed the castle "Montcalm," and made it a tuberculosis sanitarium The Pikes Peak area was a popular



Many windows in the castle have a view of Red Mountain.



Nine fireplaces are in Miramont Castle.

destination for people seeking a cure from "consumption," now known as tuberculosis. The clean, dry air and sunshine were thought to cure the dis-

Pikes Peak area.

March 14, 2003



See Miramont, Page 26

Miramont

From Page 26

ease. As medications were developed to treat TB, the need for a sanitarium waned.

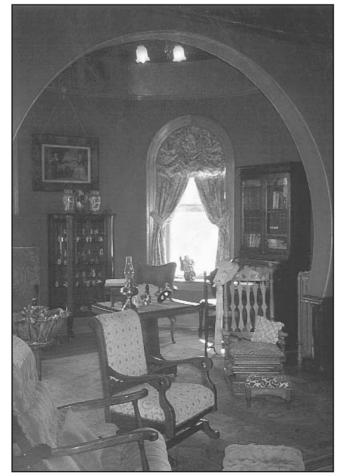
The castle was sold and eventually converted into 10 apartments. Some of the apartments were occupied by Camp Carson soldiers during World War II, according to Bob Yager, a member of the Manitou Springs Historical Society.

The Historical Society came into ownership of the castle in 1976. The building had been condemned, Yager said part of the roof was gone and most of the windows. Yager said 18 people who were members of the historical society refinanced their own homes in order to get the money necessary to buy the castle and start restoration.

The group immediately cleaned up a couple of rooms and opened those rooms to the public by donation, continuing restoration with the proceeds.



The grand staircase takes visitors to the castle's second floor.



Some of the castle's unusual features include this round doorway.

Restoration is never done, Yager said. "We're still working on it."

The first stop for visitors is the International Museum of Miniatures
— an unexpected treasure of dolls, furniture, toys and houses. Doris Crawford, a member of the historical society made many of the buildings in the exhibit, most of which are modeled after Manitou Springs buildings. A visit to the miniature museum is

almost a look at historic Manitou Springs, as buildings and dolls depict life in the town during the Victorian age.

Once the miniature museum ihas been seen, visitors start the self-guided tour by following the flowered, maroon carpet, using a brochure obtained at the entrance desk.

The self-guided tour includes a visit to the kitchen, the great room, the priest's sleeping quarters, his mother's dressing room and sleeping room, the music room, great hall, the chapel, and finally, on the fourth floor, in the former servants' quarters, the castle's gift shop.

In addition to the selection of books, Victorian and castle souvenirs, old fashioned candy, knick knacks, pens and keychains, the gift shop holds a Victorian-style gifts and memorabilia. Continue through all the tiny rooms making up the gift shop. Inventory includes china teacups, china figurines, decorative boxes and cards. One room is devoted to Victorian Christmas decorations.

Victorian-era dolls and paper dolls are available. There are reproduction Victorian lamps, stained glass and plates.

The most special time of year, according to Yager, is the Victorian Christmas event, when the castle is decorated in Victorian Christmas splendor. Thousands of white lights outline the castle during the holiday season.

Miramont Castle is open year around. January, February and March, the castle is open from noon until 3 p.m, except Mondays. During the remainder of the off-season the castle is open from 11 a.m. until 4 p.m. every day. Summer hours are from 10 a.m. until 5 p.m.

The castle tearoom is open in summer, from 11 a.m. until 4 p.m. for tea, refreshments and light lunch items.

The castle can be reserved for weddings in the chapel, which holds up to 50 guests. Call for arrangements.

Admission to the castle and miniature museum is \$5 for anyone older than 12, and \$1 for children 11 and under.

For more information, call 685-1011. To reach Miramont Castle, take Interstate 25 or Highway 115 north to the Cimarron exit. Take Highway 24 west to the business route to Manitou Springs.

Or take Colorado Avenue through Old Colorado City, which eventually becomes Manitou Avenue. In downtown Manitou Springs, take Ruxton Avenue south for a few blocks, which will bring you to a street banner which reads "Miramont Castle."

Miramont is at 9 Capitol Hill Ave. Park in one of the lots provided and walk to the marked entrance.



Houses in the Miniature Museum depict Manitou Springs buildings.



Some rooms in Miramont Castle are not square.



Reproduction lamps are sold in the gift shop.

Just the Facts

• **Travel time** 15 minutes

• For ages Families

• Type castle

• Fun factor ★★★★ (Out of 5 stars)

Wallet damage \$

\$ = Less than \$20

\$\$ = \$21 to \$40

(Based on a family of four)



Disney on Ice

Disney on Ice brings "Toy Story 2" to the World Arena Wednesday through March 23. There are several daytime performances. Call the box office at 576-2626 for ticket which start at \$15.75.

Academy concert series

The Air Force Academy Concert Series for the season includes "Swing," March 29, and Lee Greenwood and Sandi Patty, April 12. Call the theater box office at 333-4497.

Travel films

The Fine Arts Center presents Horizons Travel Film Series, introduced and narrated by the film's maker. Tickets are \$7 at the door. The next film is "Australia" April 13 in the theater, 30 W. Dale St.

Denver theater

"Stomp" is in Denver's Buell Theatre through Sunday. Tickets for the percussion group are available at (303) 893-4100 or online at <u>www.denvercenter.org</u>.

Denver Center Attractions' season tickets for the 2003 musical season are for sale. "42nd Street" is June 24 to July 6. "Oliver" is Aug. 19 to 31, "Urinetown: The Musical," is Sept. 9 to 21, followed by "Oklahoma" Dec. 14 to Jan. 3, 2004. The final production for the season, Jan. 6 to 31, 2004, is Mel Brooks' "The Producers." All shows are in downtown Denver's Buell Theatre. Call (303) 893-4000 or go online, www.denvercenter.org.

Theater

"Same Time Next Year" is now playing at the Castaways Dinner Theater, 103 Manitou Ave. in Manitou Springs. Dinner and show are \$33. Show only tickets are available for \$22. Call 685-3700 or 685-3300 for tickets.

Music groups

"Cher" is in the Pepsi Center in Denver, March 17. Tickets start at \$34.50 at Ticketmaster, 520-9090.

"Bon Jovi and the Goo Goo Dolls" are in

Denver's Pepsi Center April 3. Tickets start at \$40, 520-9090.

"Barrage" is in the Paramount Theatre, 1621 Glenarm Place on the 16th Street Mall March 21 and 22. Call 520-9090 for tickets, starting at \$26.50.

"The Lawrence Welk Show," featuring members of the orchestra, is in the Paramount Theatre on the 16th Street Mall in Denver, Wednesday. Call 520-9090 for tickets, which begin at \$39.50.

Jimmy Buffet is in the Pepsi Center April 24. Tickets start at \$35, call Ticketmaster, 520-9090.

Pearl Jam is at the Pepsi Center April 1, and tickets start at \$35, Ticketmaster, 520-9090.

Chistina Aguilera and Justin Timberlake appear together June 23 at the Pepsi Center. Call Ticketmaster at 520-9090. Prices start at \$39.50.

Grammy winner Norah Jones is at Red Rocks Amphitheatre in the Denver area Aug. 15. Tickets are at Ticketmaster, 520-9090.

Broadway road shows

Pikes Peak Center's Broadway series next show is "Saturday Night Fever," March 25 and 26, "The Music Man," April 15 and 16, and "Lord of the Dance," May 28 and 29. All shows are in the Pikes Peak Center. Call Ticketmaster at 520-9090.

Buell Children's Museum

"Abracadabra! Weaving the Magic of Who We Are" is at Pueblo's Buell Children's Museum through the end of May. Admission is \$4 for adults and \$3 for children. It is open Tuesday through Saturday, 11 a.m. to 4 p.m., at 210 N. Santa Fe Ave., at exit 98b off Interstate 25 south, in Pueblo.

St. Patrick's Day Parades

This year's St. Patrick Day parades are Saturday. The annual parade in Old Colorado City is along Colorado Avenue at noon.

The annual St. Patrick's Day parade in Denver begins at 9 a.m. in lower downtown Denver, near Coors Field.

World Arena lineup

Professional Bull Riders are scheduled for the arena April 18.

Hallmark Skating Showcase is April 25, with tickets starting at \$19.50.

Tim Conway and Harvey Korman are "Together Again" May 8, at 7:30.

"Yanni" is in concert at the arena May 22. Tickets for all these shows are available at 576-2626 or online at www.worldarena.com.

Dinner theater

"Never Too Late" is the new dinner theater feature at the Country Dinner Playhouse in south Denver, at 6875 S. Clinton St. Tickets start at \$25.50, for a noon buffet and performance. There's also a dinner and evening performance. Call (303) 799-1410 or go online at www.countrydinnerplayhouse.com.

Exhibit at Denver Art Museum

A new exhibit in the Denver Art Museum is "Bonnard," which runs March 1 through May 25. Pierre Bonnard is a lesser known renaissance artist. More than 100 of his works will be in the exhibit, which has a special admission price, in addition to the regular museum admission. However, the art museum has free general admission for Colorado citizens on Saturday. The museum is in downtown Denver.

Fine Arts Center

"Stuart Little" is the presentation by the Theatre for Children June 9 to 14. Tickets are \$3 for all ages. The Fine Arts Center's productions are quite popular and sell out quickly.

Spring Break

The Fountain Creek Nature Center's holds a Nature Camp, "Colorado Critters" during Spring Break. The camp is for children 1st through 5th grade, March 24 to 28, from 9 a.m. until 3 p.m. The camp is at the nature center and in the park. Space is limited for this five-day camp. Please register by Saturday by calling 520-6745. The camp costs \$100 per child. The Fountain Creek Nature Center is just off Highway 85/87 near the gate 20 exit.

Bluegrass music

Ralph Stanley, who sings songs from the sound-track of "O Brother Where Art Thou" makes an appearance at the Pikes Peak Center March 22. Call 520-9090 for tickets

Sweet Adelines

Thirteen women's choruses and 22 quartets are competing at the Pikes Peak Center March 28, beginning at 5:30 p.m. and March 29, beginning at 1 p.m. Call 520-SHOW for tickets which start at \$8.

Six Flags

Six Flags holds a "Joining Forces" event April 19. This Military Day at Six Flags Elitch Gardens will be open for military and family members, with special prices and offers. More information to come.

Happenings

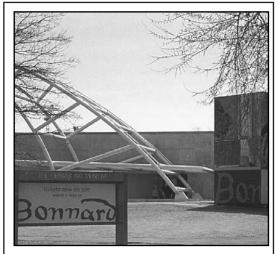


Photo by Nel Lampe

Bonnard exhibit ...

The Denver Art Museum exhibits more than 100 of the works of Pierre Bonnard. Bonnard is one of the greatest but least recognized painters in the 20th century. The exhibit is showing through May 25.



Program Schedule for Fort Carson cable Channel 10, today to March 21.

Army Newswatch: includes stories on military deployments to Southwest Asia. Airs at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Navy/Marine Corps News: includes stories on Black History Month, the high-speed vessel Joint Venture and USS Russell sailors (repeat). Airs at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.

Air Force News: includes stories on shuttle security, the Columbia disaster and the U.S. Space and Missile Center (repeat). Airs at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts. Access the schedule at

the Fort Carson Web site.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at CommandInfo@carson.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you wish to have a training videotape shown on Channel 9 only, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit an e-mail or clean, typewritten copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the Friday before airing time.